

GREAT COFFEE
NATURAL WINE
REAL FOOD

131 Orchard St - Lower East Side



SMALL FUN STUFF

BLUE BOWL (GF)

Banana, pineapple, coconut milk, Blue Majik raw spirulina, topped with kiwi, blueberries, strawberry and granola. contains nuts. **13**

ACAI BOWL (GF)

Banana, blueberries, Free-trade acai coconut milk,, topped with kiwi, blueberries, strawberry and granola. Contains nuts. **13**

HOMEMADE BANANA BREAD (GF)

Gluten free banana bread served with burnt honey buttercream. **8**

BANANA BREAD MINI LOAF (GF)

Same banana bread you know and love, just in a cute lil loaf form and more bang for your buck. **10**

CROISSANTS FROM PAIN D'AVIGNON

Plain and almond. **4**

AVOCADO TOAST

Made to order diced avocado, Lemon, sea salt, ground pepper, micro-greens, on sourdough. We recommend you add a bunch of add ons.... **11**

MEDIUM STUFF

BUILD YOUR OWN BREAKFAST...

2 Scrambled, poached, or fried eggs served on seeded or regular sourdough. Get crazy with the the add ons. **9**

BREAKFAST ROLL

Sunny fried egg, bacon, caramelised onion, avocado, arugula, lemon aioli. **14**

MUSHROOM TOAST

Oyster and shimeji mushrooms sauteed in miso butter, sunny side egg, served on sourdough with scallion labne, arugula and microgreens. **16**

AVOCADO TOAST NUMBER TWO

Seeded sourdough, avocado, beet relish, fresh cucumber, Zataar, goat cheese, lemon. **14**
add egg **+3**
Scrambled eggs **+5**

ADD ONS...

\$3 Fried egg, poached egg **\$5** Scrambled eggs

\$2 Vegemite, House Jam, Scallion Labne, Almond butter

\$3 Cherry tomatoes, goat cheese, kimchi, pickles, beet relish, avocado

\$5. Poached chicken, halloumi, miso-mushrooms, bacon

\$6. Smoked Salmon

BIGGER STUFF

KIMCHI SCRAMBLED EGGS

Soft scrambled free-range farm eggs and kimchi on sourdough with microgreens, scallion labne and pickled cabbage, arugula salad. **14.**

With avocado **+3**

With smoked salmon **+6**

GREEN FRITTERS

2 green fritters (broccoli, zucchini, carrot, cilantro, scallions, jalapeno) served with a fried egg, side salad, cherry tomatoes, and green special sauce. **17**

MUSHROOM-FARRO BOWL

Sauteed Miso mushroom, farro, carrot, pickled cabbage, avocado, poached egg, goat cheese. **17**

GT SALMON BREAKFAST

2 poached eggs, seeded sourdough, beet relish, smoked salmon, avocado, dilly cucumbers, scallion labne. **18**

GT BIG BREAKFAST

2 eggs, sourdough, bacon, avocado, halloumi, spicy house pickles, cherry tomatoes. **20**

POACHED CHICKEN SALAD

Chicken breast poached in coconut milk with spices, mixed greens, cherry tomatoes, shredded carrot, edamame, sprouts, scallions, cucumber, ginger soy vinaigrette. **15**

CHICKEN SANDWICH

Chicken breast mix, with lemon aioli, chives, celery, home-made pickles, caramelised onion, arugula, on warm sourdough. **14**

HALLOUMI SANDWICH

Fried Halloumi, house beet relish, cucumber, leafy greens, shaved carrot, avocado, spicy mayo on seeded sourdough. **16**

****GLUTEN FREE BREAD AVAILABLE ON REQUEST****

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

GIVEN THE CURRENT ENVIRONMENT PLEASE UNDERSTAND THAT MODIFICATIONS ARE TIME CONSUMING, CAN LEAD TO ERRORS AND SLOW SERVICE DOWN FOR EVERYONE ELSE. MODIFICATIONS WILL BE THEREFORE PRICED ACCORDINGLY IF THEY ARE POSSIBLE.